



# Drawing with Mr. J!

## The Cutest Dog Ever Video Companion

Today's challenge is "the cutest dog ever." Mr. J invites students to draw along as they identify how we may get distracted and consider strategies for staying on task. He discusses how sharing our emotions and experiences is important.

### Ohio SEL Standards

These activities align with Strategy number 7 of Ohio's Strategic Plan for Education, Each Child, Our Future, which focuses on working to help schools meet the needs of the whole child.

- **Self-Awareness:**  
A.4.2.a: Demonstrate confidence in the ability to complete simple tasks and challenges independently, while expressing positive attitudes towards self
- **Self-Management:**  
B.2.4.a: Discuss obstacles that can get in the way of reaching a goal and ideas for handling those obstacles
- **Responsible Decision-Making**  
E.2.1.a: Identify factors that can make it hard for a person to make the best decision in the classroom

This video aligns with Ohio's Early Learning and Development Standard Sa4, Recognize and identify own emotions and the emotions of others (Pre-Kindergarten).

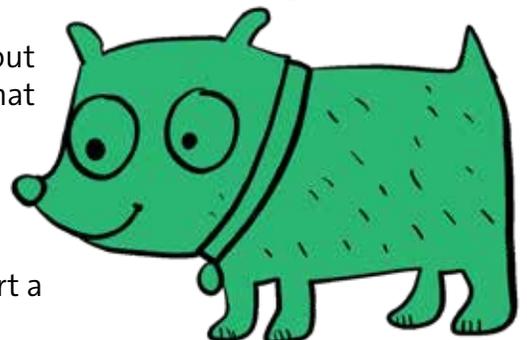
### View and Sketch: *5 minutes*

Distribute sticky notes or small scraps of paper to your students and allow them to sketch along with Mr. J as they watch the video. We encourage you to share students' work on Twitter @WOSU\_Classroom #DrawingWithMrJ.

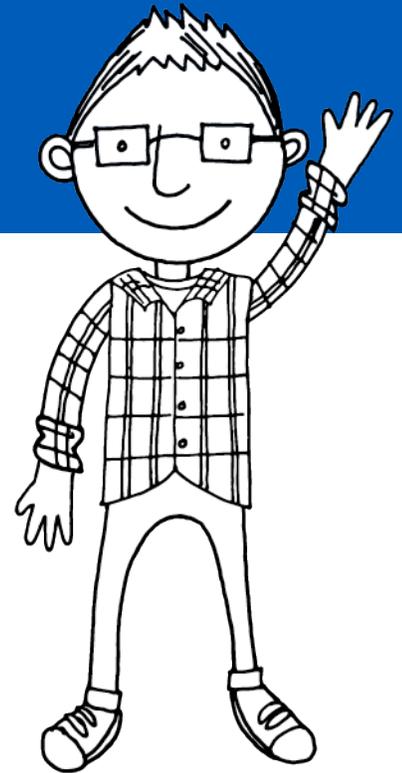
### Chat: *5-10 minutes*

After viewing the video with the class, choose 1-2 discussion questions to work through in whole or small groups or as a writing prompt.

- Help students identify emotions. When someone points out that you are distracted and asks you to focus, how does that feel? Why do you think that is?
- Identify what prompts our emotions. When was the last time you were distracted from your goals? Can you identify what was distracting you?
- Promote awareness and/or empathy. How can you support a friend who might get easily distracted to stay focused?



# Drawing with Mr. J!



## Read: 10 minutes

Use these picture books to spark continued conversation with students about the feelings discussed in the video.

- *You're Missing It!* by Brady Smith and Tiffani Thiessen
- *Sarabella's Thinking Cap* by Judy Schachner
- *Monkey Needs to Listen* by Sue Graves

## Share: (Home to School Connection)

To strengthen the home to school connection, keep families informed about the work happening in the classroom. Feel free to copy or adjust the following message to include in class newsletters.



Today, your child learned why identifying when they are distracted and strategies to stay focused. Our class discussion focused on:

- Help students identify emotions. When someone points out that you are distracted and asks you to focus, how does that feel? Why do you think that is?
- Identify what prompts our emotions. When was the last time you were distracted from your goals? Can you identify what was distracting you?
- Promote awareness and/or empathy. How can you support a friend who might get easily distracted to stay focused?

We encourage you to continue the conversation at home. There are many wonderful books that explore happiness. A few that we recommend include:

- *You're Missing It!* by Brady Smith and Tiffani Thiessen
- *Sarabella's Thinking Cap* by Judy Schachner
- *Monkey Needs to Listen* by Sue Graves

## Extend:

- Play a version of Telephone, where students are supposed to pay close attention to the secret phrase being passed down the line of students. But, each time add more distractions around the room including music, an interrupting teacher, and lights. Discuss why it was so much more challenging to play the game.
- Play Simon Says as a class. Listening to directions and focusing on commands can prove challenging and get students to practice listening skills.
- Students design their own mazes with deadends, distracting characters, and ultimately a route to the finish line.
- PBS for Kids Games with Emotions (for younger students), [pbskids.org/games/feelings](https://pbskids.org/games/feelings)
- PBS Learning Media: [wosu.pm/emotions](https://wosu.pm/emotions) and [wosu.pm/feelings](https://wosu.pm/feelings)