



Drawing with Mr. J!

A Flying Horse Video Companion

Today's challenge is "a flying horse." Mr. J invites students to draw along as they identify practice as an important part of learning something new. He discusses how we sometimes need to practice a lot and need to realize when it is time to ask for help.

Ohio SEL Standards

These activities align with Strategy number 7 of Ohio's Strategic Plan for Education, Each Child, Our Future, which focuses on working to help schools meet the needs of the whole child.

- **Self-Awareness:**
 - A.2.2.a: Explore opportunities to develop skills and talents
 - A.3.2.1: Seek help when faced with challenges or when frustrated with a task, skill or situation
- **Self-Management:**
 - B.2.4.a: Discuss obstacles that can get in the way of reaching a goal and ideas for handling those obstacles
 - B.3.1.a: Describe a time when you kept trying in a challenging situation
 - B.3.2.a: Explain how practice improves performance of a skill and can help in overcoming a challenge or setback

This video aligns with Ohio's Early Learning and Development Standard Sa4, Recognize and identify own emotions and the emotions of others (Pre-Kindergarten).

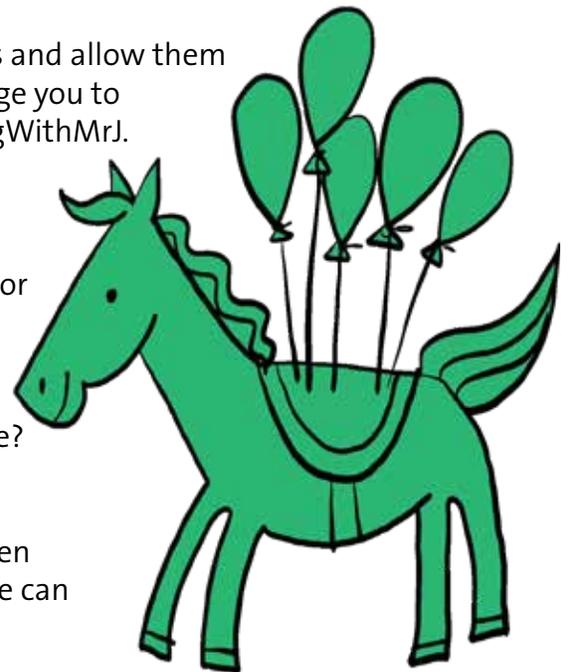
View and Sketch: *5 minutes*

Distribute sticky notes or small scraps of paper to your students and allow them to sketch along with Mr. J as they watch the video. We encourage you to share students' work on Twitter @WOSU_Classroom #DrawingWithMrJ.

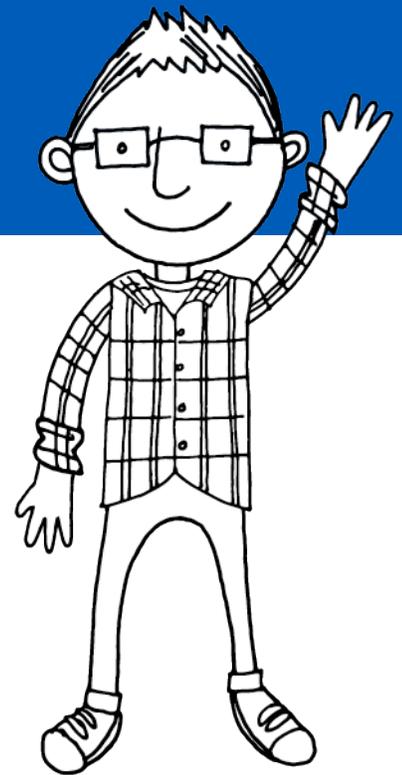
Chat: *5-10 minutes*

After viewing the video with the class, choose discussion questions to work through in whole or small groups or writing prompt.

- Help students identify emotions. How do you feel when don't "get something correct" right away?
- Identify what prompts our emotions. Why do we practice? How do we feel when our practice pays off?
- Promote awareness and/or empathy. How do you think others feel when they are struggling with a new skill when we were able to pick it up really fast? What is one way we can support our friends and classmates with their learning?



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Read: 10 minutes

Use these picture books to spark continued conversation with students about the feelings discussed in the video.

- *Rosie Revere, Engineer* by Andrea Beaty
- *The Most Magnificent Thing* by Ashley Spires
- *After the Fall* by Dan Santat

Share: (Home to School Connection)

To strengthen the home to school connection, keep families informed about the work happening in the classroom. Feel free to copy or adjust the following message to include in class newsletters.



Today, your child learned why sharing their emotions, including identifying the need to practice as an important part of learning. Our class discussion focused on:

- Help students identify emotions. How do you feel when you don't "get something correct" right away?
- Identify what prompts our emotions. Why do we practice? How do we feel when our practice pays off?
- Promote awareness and/or empathy. How do you think others feel when they are struggling with a new skill when we were able to pick it up really fast? What is one way we can support our friends and classmates with their learning?

We encourage you to continue the conversation at home. There are many wonderful books that explore happiness. A few that we recommend include:

- *Rosie Revere, Engineer* by Andrea Beaty
- *The Most Magnificent Thing* by Ashley Spires

Extend:

- Make a class list of all of the different kinds of practices that the students attend in one week. Use the list to spark discussion about how practice is one step in learning and growing.
- Explore self-talk statements as a class, identifying empowering ways to talk one's self through challenges and show perseverance.
- Students create paper certificates celebrating someone else's perseverance. They can give their certificates to someone in their life who didn't give up.
- PBS for Kids Games with Emotions (for younger students), pbskids.org/games/feelings
- PBS Learning Media: [wosu.org/emotions](https://www.wosu.org/emotions) and [wosu.org/feelings](https://www.wosu.org/feelings)