



Drawing with Mr. J!

A Rabbit with a Cool HARE-do

Video Companion

Today's challenge is "a rabbit with a cool HARE-do." Mr. J invites students to draw along as they identify basic personal and relationship skills, like giving and receiving feedback. He shares how discussing and processing feedback is important for our growth.

Ohio SEL Standards

These activities align with Strategy number 7 of Ohio's Strategic Plan for Education, Each Child, Our Future, which focuses on working to help schools meet the needs of the whole child.

- **Self-Awareness:**
 - A.3.2.a: Seek help when faced with challenges or when frustrated with a task, skill or situation
 - A.3.2.b: Seek help and acknowledge constructive feedback from others that addresses challenges and builds on strengths
- **Self-Management:**
 - B.2.2.a: Identify how adults and peers can help with a goal
- **Social-Awareness:**
 - C.1.1.a: Identify facial and body cues representing feelings in others
 - C.1.2.a: Identify words and actions that may support or hurt the feelings of others
- **Relationship Skills:**
 - D.1.2.a: Practice giving and receiving feedback in a respectful way

This video aligns with Ohio's Early Learning and Development Standard Sa4, Recognize and identify own emotions and the emotions of others (Pre-Kindergarten).

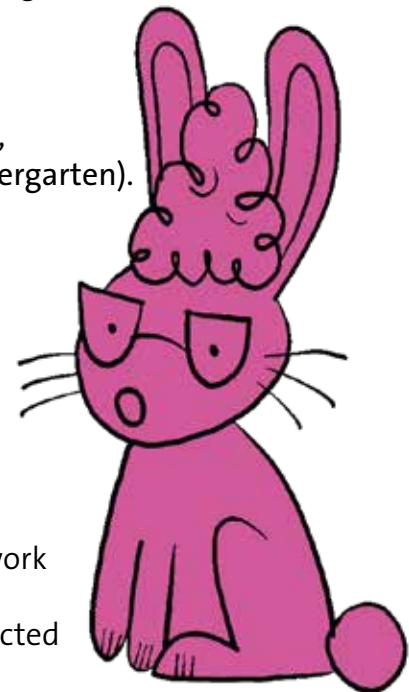
View and Sketch: *5 minutes*

Distribute sticky notes or small scraps of paper to your students and allow them to sketch along with Mr. J as they watch the video. We encourage you to share students' work on Twitter @WOSU_Classroom #DrawingWithMrJ.

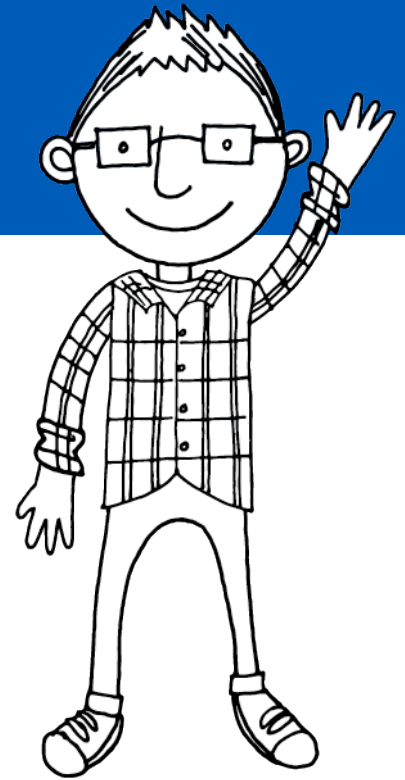
Chat: *5-10 minutes*

After viewing the video with the class, choose 1-2 discussion questions to work through in whole or small groups or as a writing prompt.

- Help students identify emotions. How has someone's feedback impacted you in a positive way?
- Identify what prompts our emotions. How do you feel when you receive feedback from someone you trust? Is this feedback received differently if given by someone who is not your friend?
- Promote awareness and/or empathy. How can you be sure that the feedback you give to someone else is kind and helpful?



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Read: 10 minutes

Use these picture books to spark continued conversation with students about the feelings discussed in the video.

- *Giraffes Can't Dance* by Giles Andreae
- *The Dot* by Peter H. Reynolds
- *It's Okay to be a Unicorn* by Jason Tharp

Share: (Home to School Connection)

To strengthen the home to school connection, keep families informed about the work happening in the classroom. Feel free to copy or adjust the following message to include in class newsletters.



Today, your child learned why sharing their emotions, including giving and receiving feedback, is important. Our class discussion focused on:

- Help students identify emotions. How has someone's feedback impacted you in a positive way?
- Identify what prompts our emotions. How do you feel when you receive feedback from someone you trust? Is this feedback received differently if given by someone who is not your friend?
- Promote awareness and/or empathy. How can you be sure that the feedback you give to someone else is kind and helpful?

We encourage you to continue the conversation at home. There are many wonderful books that explore happiness. A few that we recommend include:

- *Giraffes Can't Dance* by Giles Andreae
- *The Dot* by Peter H. Reynolds
- *It's Okay to be a Unicorn* by Jason Tharp

Extend:

- Compliments are a great way of giving positive feedback. Students decorate a placemat with their name in the center. The rest of the class rotates around the room writing a compliment to each of the students on the placemat. Laminate these pages for use in the classroom or at home.
- Roll play with hats and wigs. Students can take turns offering constructive feedback to their partners, focusing on what is amazing about their chosen head covering and what is one thing to consider. Remind them to pay careful attention to their non-verbal cues as well.
- Have two different colors of sticky notes, one for GLOW feedback and one for GROW. Students can view in progress artwork or writing, and offer up one sentence of what their classmate is doing well and one area for improvement.
- PBS for Kids Games with Emotions (for younger students), pbskids.org/games/feelings
- PBS Learning Media: [wosu.pm/emotions](https://www.pbslearningmedia.org/subject/emotions/) and [wosu.pm/feelings](https://www.pbslearningmedia.org/subject/feelings/)