Today’s challenge is “a royal insect.” Mr. J invites students to draw along as they identify how they experience basic emotions, like pride and recognizing the need to apologize. He discusses how sharing our emotions is important.

**Ohio SEL Standards**
These activities align with Strategy number 7 of Ohio’s Strategic Plan for Education, Each Child, Our Future, which focuses on working to help schools meet the needs of the whole child.

- **Self-Awareness:**
  A.1.1.b: Identify a range of personal emotions  
  A.1.2.a: Recognize emotions as natural and important  
  A. 4.1.b: Identify and describe how personal choices and behavior impacts self and others

- **Social Awareness:**
  C.1.2.a: Identify words and actions that may support or hurt the feelings of others

- **Relationship Skills:**
  D.1.1.a: Identify and engage in positive communication skills  
  D.3.3.a: Apply listening and attention skills to identify the feelings and perspectives of others

This video aligns with Ohio’s Early Learning and Development Standard Sa4, Recognize and identify own emotions and the emotions of others (Pre-Kindergarten).

**View and Sketch:** 5 minutes
Distribute sticky notes or small scraps of paper to your students and allow them to sketch along with Mr. J as they watch the video. We encourage you to share students’ work on Twitter @WOSU_Classroom #DrawingWithMrJ.

**Chat:** 5-10 minutes
After viewing the video with the class, choose 1-2 discussion questions to work through in whole or small groups or as a writing prompt.

- Help students identify emotions. When was a time you felt pride in something you had done well?
- Identify what prompts our emotions. When was a time where you knew you needed to say you were sorry, but had a hard time saying the words?
- Promote awareness and/or empathy. How do you think someone else feels when they are left out, or hurt by our actions?
Read: 10 minutes
Use these picture books to spark continued conversation with students about the feelings discussed in the video.
- How to Apologize by David LaRochelle
- I’m Sorry by Barry Timms
- King Hugo’s Huge Ego by Chris Van Dusen

Share: (Home to School Connection)
To strengthen the home to school connection, keep families informed about the work happening in the classroom. Feel free to copy or adjust the following message to include in class newsletters.

Extend:
- Students pair up and role play different situations that necessitate an apology, exploring the most meaningful way to say they are sorry.
- Establish a King/Queen/Royal Figure of the day. This individual helps the teacher and other students instead of being the “most important” in the room.
- All students cut out a crown from large paper. The students walk around the classroom writing a word or short statement about the crown-owner and what makes them a good friend. The result is a crown of kindness for each student to wear.
- PBS for Kids Games with Emotions (for younger students), pbskids.org/games/feelings
- PBS Learning Media: Saying Sorry Isn’t Helping!, Daniel Tiger’s Neighborhood