Today's challenge is “a bird with a fancy hat.” Mr. J invites students to draw along as they explore the emotions associated with being a good communicator and listener. He discusses how sharing our emotions and experiences is important.

**Ohio SEL Standards**
These activities align with Strategy number 7 of Ohio’s Strategic Plan for Education, Each Child, Our Future, which focuses on working to help schools meet the needs of the whole child.

- **Self-Awareness:**
  A.1.1.a: Identify basic personal emotions
  A.1.2.a: Recognize emotions as natural and important
  A.1.2.b: Identify that emotions are valid, even if others feel differently

- **Relationship Skills:**
  C.1.2.a: Identify words and actions that may support or hurt the feelings of others

- **Relationship Skills:**
  D.1.1.a: Identify and engage in positive communication skills
  D.1.1.b: Apply active listening and effective communication skills to increase cooperation and relationships
  D.3.3.a: Apply listening and attention skills to identify the feelings and perspectives of others

This video aligns with Ohio’s Early Learning and Development Standard Sa4, Recognize and identify own emotions and the emotions of others (Pre-Kindergarten)

**View and Sketch:** 5 minutes
Distribute sticky notes or small scraps of paper to your students and allow them to sketch along with Mr. J as they watch the video. We encourage you to share students’ work on Twitter @WOSU_Classroom #DrawingWithMrJ

**Chat:** 5-10 minutes
After viewing the video with the class, choose 1-2 discussion questions to work through in whole or small groups or as a writing prompt.

- Help students identify emotions. How does it feel when someone else listens to you when you are talking?
- Identify what prompts our emotions. What are some ways that others make us feel included in a conversation?
- Promote awareness and/or empathy. When was a time you could have talked less and done more listening?
Read: 10 minutes
Use these picture books to spark continued conversation with students about the feelings discussed in the video.
- *Quiet Please, Owen McPhee!* By Trudy Ludwig
- *The Rabbit Listened* by Cori Doerrfeld
- *My Mouth is a Volcano* by Julia Cook

Share: (Home to School Connection)
To strengthen the home to school connection, keep families informed about the work happening in the classroom. Feel free to copy or adjust the following message to include in class newsletters.

Today, your child learned why being a good communicator and listener is important. Our class discussion focused on:
- Help students identify emotions. How does it feel when someone else listens to you when you are talking?
- Identify what prompts our emotions. What are some ways that others make us feel included in a conversation?
- Promote awareness and/or empathy. When was a time you could have talked less and done more listening?
We encourage you to continue the conversation at home. There are many wonderful books that explore being a good communicator and listener. A few that we recommend include:
- *Quiet Please, Owen McPhee!* By Trudy Ludwig
- *The Rabbit Listened* by Cori Doerrfeld
- *My Mouth is a Volcano* by Julia Cook

Extend:
- Students practice listening skills by interviewing a classmate. They ask a big question and listen, without interrupting, until the speaker has shared everything they have to say. The students can switch and share their interviews with the rest of the class.
- Create a class newsletter of interviews that make others in the school community feel included and heard: the music teacher, the custodians, the cafeteria manager.
- Create a class poster that shows what a good listener does and does not do when someone is talking. Hang the poster for the class to refer to during structured and unstructured times.
- Students explore ways of not forgetting what they want to share, while listening: writing down a word, crossing their fingers, putting their hands in their pockets while listening.
- PBS for Kids Games with Emotions (for younger students), [pbskids.org/games/feelings](http://pbskids.org/games/feelings)
- PBS Learning Media: [wosu.pm/emotions](http://wosu.pm/emotions) and [wosu.pm/feelings](http://wosu.pm/feelings)