



# Drawing with Mr. J!

## A Parade of Food Video Companion

Today's challenge is "a parade of food." Mr. J invites students to draw along as they identify how basic emotions, like joy, are expressed on our faces and our bodies when we are experiencing something wonderful. He discusses how sharing all of our emotions is important.

### Ohio SEL Standards

These activities align with Strategy number 7 of Ohio's Strategic Plan for Education, Each Child, Our Future, which focuses on working to help schools meet the needs of the whole child.

- **Self-Awareness:**
  - A.1.1.a: Identify basic personal emotions
  - A.1.2.a: Recognize emotions as natural and important
  - A.1.4.a: Recognize that current events can impact emotions
- **Self-Management:**
  - B.1.2.a: Describe verbal and nonverbal ways to express emotions in different settings

This video aligns with Ohio's Early Learning and Development Standard Sa4, Recognize and identify own emotions and the emotions of others (Pre-Kindergarten)

### View and Sketch: *5 minutes*

Distribute sticky notes or small scraps of paper to your students and allow them to sketch along with Mr. J as they watch the video. We encourage you to share students' work on Twitter @WOSU\_Classroom #DrawingWithMrJ

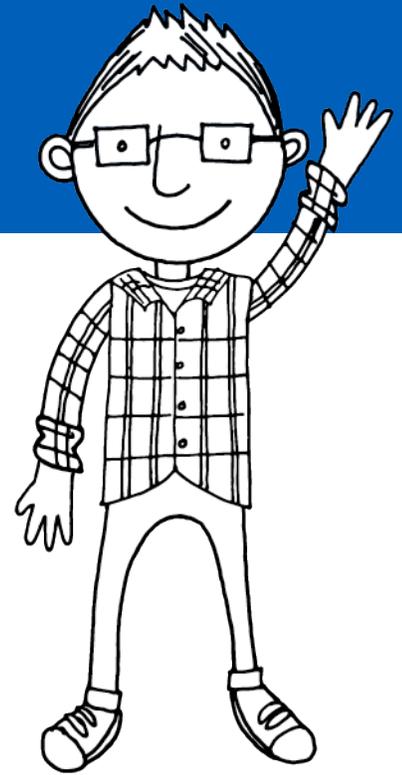
### Chat: *5-10 minutes*

After viewing the video with the class, choose 1-2 discussion questions to work through in whole or small groups or as a writing prompt.

- Help students identify emotions. Have you ever experienced joy? What does it feel like?
- Identify what prompts our emotions. What makes you feel joyful?
- Promote awareness and/or empathy. How does it make you feel to see someone else feeling joyful?



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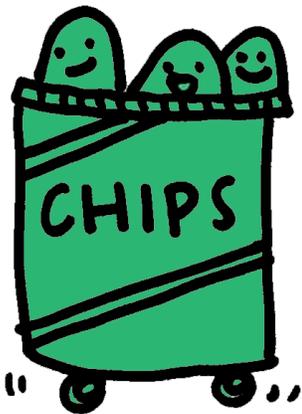
## Read: 10 minutes

Use these picture books to spark continued conversation with students about the feelings discussed in the video.

- *Joy* by Corrinne Averiss
- *The Happiest Book Ever!* by Bob Shea
- *Pass it On* by Sophy Henn

## Share: (Home to School Connection)

To strengthen the home to school connection, keep families informed about the work happening in the classroom. Feel free to copy or adjust the following message to include in class newsletters.



Today, your child learned why sharing their emotions, including joy, is important. Our class discussion focused on:

- Help students identify emotions. Have you ever experienced joy? What does it feel like?
- Identify what prompts our emotions. What makes you feel joyful?
- Promote awareness and/or empathy. How does it make you feel to see someone else feeling joyful?

We encourage you to continue the conversation at home. There are many wonderful books that explore happiness. A few that we recommend include:

- *Joy* by Corrinne Averiss
- *The Happiest Book Ever!* by Bob Shea
- *Pass it On* by Sophy Henn

## Extend:

- Create a class parade. Each student creates posters or a cardboard box float that represents something that makes them feel joyful. Parade around the classroom or school together.
- Prompt students to create a collage of images that makes them feel joyful and present it to the class.
- Go on a nature walk to identify small moments of joy that often go overlooked.
- PBS for Kids Games with Emotions (for younger students), [pbskids.org/games/feelings](https://pbskids.org/games/feelings)
- PBS Learning Media: [wosu.pm/emotions](https://wosu.pm/emotions) and [wosu.pm/feelings](https://wosu.pm/feelings)