

[Date]

Dear _____,

I am pleased to announce that our district has recently joined Digital Wellness, a statewide initiative designed to encourage Ohio students to make safe, healthy, and positive decisions in our technology-rich world. Our district's participation means that we have taken the pledge to promote a culture of digital wellness in our schools and teach students how to manage their digital lives.

Digital Wellness focuses on four core principles: well-being, citizenship, etiquette, and safety.

- Well-Being | Balance is Best. I will maintain a balance between digital and face-to-face interactions in life.
- Citizenship | Be the Best You. I will be responsible, ethical, honest, and literate in today's digital world.
- Etiquette | It's Cool To Be Kind. I will choose to be positive with others online.
- Safety | Be Aware. I will be safe online and protect private information.

Visit www.wosu.org/digitalwellness to learn more about this project and the core principles. The website provides access to classroom posters, lesson plans, parent materials, and other free resources for your classroom.

To get started, visit the Digital Wellness project website and take the pledge. Once you have signed up for the project, you will be added to the project mailing list and will receive materials to use in your classroom.

For additional information, contact [insert name of district contact].

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Digital Wellness is led by a consortium of central Ohio school districts in partnership with WOSU Classroom.