



ARE YOU DIGI-FIT?

WOSU.ORG/DIGITALWELLNESS

Category: Etiquette

Level: High School (9-12)

Area of Focus: Who Are You Online?

Materials Needed: Link below

Big Idea and The Why (What should students remember after the lesson?):

- Your digital footprint is the mark that you leave behind when using the Internet and can shape your online reputation. Your digital footprints can be positive or negative and can influence how people see you now or in the future. Use our simple checklist to help manage and maintain your online reputation.

Mini-Lesson/Content:

- Review this PDF:
<https://drive.google.com/open?id=1n76H9OMSKHajOY0Pcp0pyXI54nJpOzdl>

Discuss or Create:

- Complete the online privacy checklist
 - Search yourself online and see what you find!
 - Review your privacy settings in all your social media accounts
 - Delete or deactivate any account you are not using

Further Resources/Extending:

The Change You Want to See -

- <https://www.common sense.org/education/digital-citizenship/lesson/the-change-you-want-to-see>