



ARE YOU DIGI-FIT?

WOSU.ORG/DIGITALWELLNESS

Category: Safety

Level: Middle School (5-8)

Area of Focus:

Materials Needed: Link below

Big Idea (What should students remember after the lesson?):

- Verify the identity of who you are talking to online through text messaging, e-mails, and different social media platforms.

Mini-Lesson/Content:

- <https://www.commonsense.org/education/digital-citizenship/lesson/you-wont-believe-this>

[Common Sense lessons require a login to access it. The account is free, you can use your Google Suite account or create your own free account.]