



**ARE YOU DIGI-FIT?**

**WOSU.ORG/DIGITALWELLNESS**

**Category:** Safety

**Level:** High School (9-12)

**Area of Focus:** Protecting Your Identify, Personal Information, and Your Data

**Materials Needed:** Links below (include videos)

**Big Idea and The Why** (What should students remember after the lesson?):

- How do you keep your information safe; what information should not be shared publicly? Understand key risks including when sharing a password is appropriate, how passwords are stolen, selecting safe passwords, and keeping passwords safe.

**Mini-Lesson/Content:**

- [Watch Video series from Google Safety](#)
  - Video series broken down for each day of the week (files in Google Drive)
    - [Tip 1](#) - Think before you share
    - [Tip 2](#) - Protect your stuff
    - [Tip 3](#) - Know and Use your Settings
    - [Tip 4](#) - Avoid Scams
    - [Tip 5](#) - Be Positive

**Discuss or Create:**

- Discussion Questions
  - How should I manage my personal data to maintain privacy and security?
  - Are my online choices always private? (Awareness of data-collection technology that is used to track navigation online)
  - What can I do if any information or image makes me uncomfortable?
  - How can I keep my passwords safe, and avoid harmful links/sites?
  - How can over-sharing affect my safety?
  - How to best use an account/email address to sign up for EVERYTHING you can find... what might you be giving up?
- Graphic Novel Activity, from our [neighbors up north](#)
  - [Graphic Novel](#) about privacy and digital safety
  - [Graphic Novel Discussion Guide](#)