



**ARE YOU DIGI-FIT?**

**WOSU.ORG/DIGITALWELLNESS**

**Category:** Etiquette

**Level:** Middle School (5-8)

**Area of Focus:** Oversharing

**Materials Needed:** Link below

**Big Idea** (What should students remember after the lesson?):

- Social media can be a complicated tool. Oversharing can create many issues that impact your digital tattoo/footprint. We need to be intentional and thoughtful when posting.

**Mini-Lesson/Content:**

- [https://www.common sensemedia.org/sites/default/files/uploads/classroom\\_curriculum/oversharing-poster-11x17-a-b\\_7\\_.pdf](https://www.common sensemedia.org/sites/default/files/uploads/classroom_curriculum/oversharing-poster-11x17-a-b_7_.pdf)

[Common Sense lessons require a login to access it. The account is free, you can use your Google Suite account or create your own free account.]