



ARE YOU DIGI-FIT?

WOSU.ORG/DIGITALWELLNESS

Category: Citizenship

Level: High School (9-12)

Area of Focus: Identify and Report Inappropriate Behavior and Cyberbullying

Materials Needed:

- Link below
- Blank Paper

Big Idea (What should students remember after the lesson?):

- Identifying and noting when online behavior has gone too far. Knowing the steps to take when cyberbullying happens to them or they become aware of involving others.

Mini-Lesson/Content:

- <https://www.common sense.org/education/digital-citizenship/lesson/online-disinhibition-and-cyberbullying>

[Common Sense lessons require a login to access it. The account is free, you can use your Google Suite account or create your own free account.]