



ARE YOU DIGI-FIT?

WOSU.ORG/DIGITALWELLNESS

Category: Citizenship

Level: Middle School (5-8)

Area of Focus: How Young is Too Young for Social Media?

Materials Needed: Links below

Google Slides Presentation -

https://docs.google.com/presentation/d/1SfXxnIBDIctfAdG6wNu0RVSlxG_4UagW0om3tVtLFno/edit#slide=id.g5e593901e7_0_0

Video -

<https://www.common sense.org/education/videos/when-is-your-brain-ready-for-social-media>

Handout -

<https://docs.google.com/document/d/1a-PCk8d8L5qBaLM7r6LwkWnAZiQ6jbQTUCxoYr3IUq4/edit>

Assessment -

<https://docs.google.com/forms/d/1jPKJNyHMm7QFmHyMaOK-E4ip-l6HzrX-QF3QVOBoDRs/copy>

Big Idea and The Why (What should students remember after the lesson?):

- Explain why websites that collect personal information have an age requirement of 13.
- Identify the risks of targeted advertising, especially when it is targeted to children.
- Explain what age they think is best for beginning to use social media, and support their argument with specific reasons and examples.

Mini-Lesson/Content:

[Common Sense lessons require a login to access it. The account is free, you can use your Google Suite account or create your own free account.]

Lesson Plan -

<https://www.common sense.org/education/digital-citizenship/lesson/how-young-is-too-young-for-social-media>

Discuss or Create:

Further Resources/Extending:

Family Activity -

https://docs.google.com/presentation/d/18Hcvny_A5dnzaEXVD9y0_TcjUIA3Vmp9GGX0c0Jhd5Q/edit

Family Tips -

<https://www.common sense.org/education/family-tips/6-12-privacy-and-security>

Family Engagement Resources -

<https://www.common sense.org/education/toolkit/family-engagement-resources>