



**ARE YOU DIGI-FIT?**

**WOSU.ORG/DIGITALWELLNESS**

**Category:** Safety

**Level:** High School (9-12)

**Area of Focus:** Distracted Driving

**Materials Needed:**

- Links below
- [TTYL Pledge](#)
- Maria's Message - [Driving Days for teen drivers](#)
- [Top Apps that Distract Drivers](#)

**Big Idea and The Why** (What should students remember after the lesson?):

- Understanding how technology distracts drivers and ways to avoid it.

**Mini-Lesson/Content:**

- Have student review resources that articulate the risks of distracted driving (infographics, videos, news articles)
- Students will reflect on both the class discussion and the video on what they have learned about distracted driving

**Discuss or Create:**

- Students will create a PSA on the dangers of distracted driving

**Further Resources/Extending:**

Education World Lesson - [Dangers of Distracted Driving](#)