



**ARE YOU DIGI-FIT?**

**WOSU.ORG/DIGITALWELLNESS**

**Category:** Citizenship

**Level:** Middle School (5-8)

**Area of Focus:** De-escalating Digital Drama

**Materials Needed:** Link below

**Big Idea** (What should students remember after the lesson?):

- How do you de-escalate digital drama so it doesn't go too far?

**Mini-Lesson/Content:**

- <https://www.commonsense.org/education/digital-citizenship/lesson/digital-drama-unplugged>

[Common Sense lessons require a login to access it. The account is free, you can use your Google Suite account or create your own free account.]