



ARE YOU DIGI-FIT?

WOSU.ORG/DIGITALWELLNESS

Category: Citizenship

Level: High School (9-12)

Area of Focus: De-escalating Digital Drama

Materials Needed: Link below

Big Idea (What should students remember after the lesson?):

- How do you de-escalate digital drama so it doesn't go too far?

Mini-Lesson/Content:

- <https://www.commonsense.org/education/digital-citizenship/lesson/what-you-send-in-that-moment-when>

[Common Sense lessons require a login to access it. The account is free, you can use your Google Suite account or create your own free account.]