



Drawing with Mr. J!

A Walking House Video Companion

Today's challenge is "a walking house." Mr. J invites students to draw along as they identify how problems impact our emotions and the need to consider new solutions to meet our goals. He discusses how sharing our emotions is important.

Ohio SEL Standards

These activities align with Strategy number 7 of Ohio's Strategic Plan for Education, Each Child, Our Future, which focuses on working to help schools meet the needs of the whole child.

- **Self-Management:**

B.2.4.a: Discuss obstacles that can get in the way of reaching a goal and ideas for handling those obstacles

B.2.4.b: Identify alternative strategies with guidance toward a specified goals

- **Responsible Decision-Making:**

E.1.1.a: Identify a problem or needed decision and recognize that there may be multiple responses

E.1.2.a: Identify strategies to solve a problem

E.4.1.a: Recognize that new opportunities may have positive outcomes

This video aligns with Ohio's Early Learning and Development Standard Sa4, Recognize and identify own emotions and the emotions of others (Pre-Kindergarten)

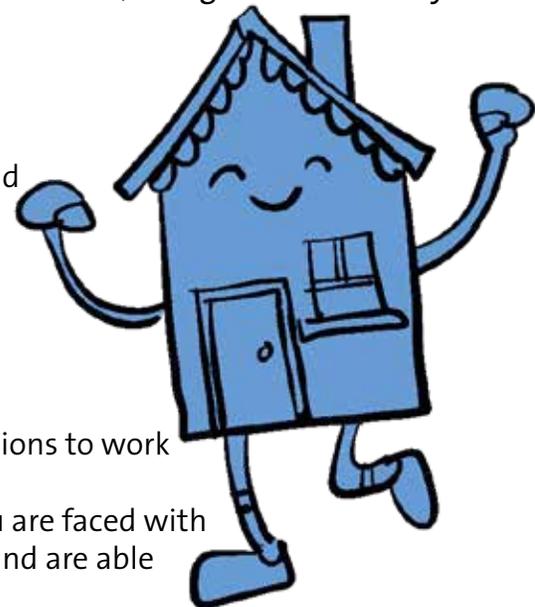
View and Sketch: *5 minutes*

Distribute sticky notes or small scraps of paper to your students and allow them to sketch along with Mr. J as they watch the video. We encourage you to share students' work on Twitter @WOSU_Classroom #DrawingWithMrJ

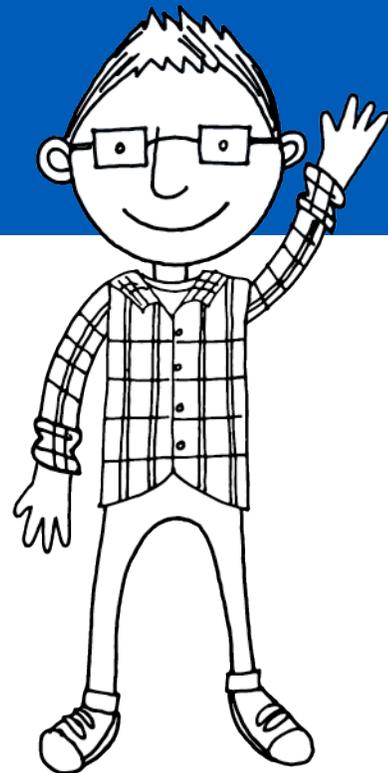
Chat: *5-10 minutes*

After viewing the video with the class, choose 1-2 discussion questions to work through in whole or small groups or as a writing prompt.

- Help students identify emotions. How do you feel when you are faced with a problem? What does it feel like when you find a solution and are able to move forward?
- Identify what prompts our emotions. When was the last time you were faced with a problem and needed to come up with a new solution?
- Promote awareness and/or empathy. How can you support a friend when they are faced with a problem when trying to reach a goal?



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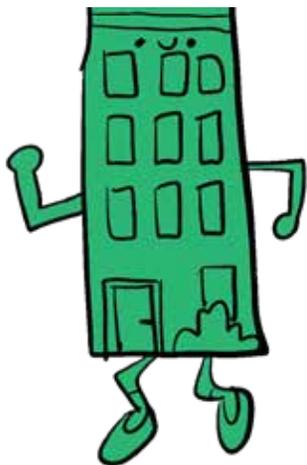
Read: 10 minutes

Use these picture books to spark continued conversation with students about the feelings discussed in the video.

- *After the Fall* by Dan Santat
- *What do you do with a Problem?* by Kobi Yamada
- *Going Places* by Paul and Peter H. Reynolds

Share: (Home to School Connection)

To strengthen the home to school connection, keep families informed about the work happening in the classroom. Feel free to copy or adjust the following message to include in class newsletters.



Today, your child learned about how to seek new solutions when faced with a problem in reaching their goals. Our class discussion focused on:

- Help students identify emotions. How do you feel when you are faced with a problem? What does it feel like when you find a solution and are able to move forward?
- Identify what prompts our emotions. When was the last time you were faced with a problem and needed to come up with a new solution?
- Promote awareness and/or empathy. How can you support a friend when they are faced with a problem when trying to reach a goal?

We encourage you to continue the conversation at home. There are many wonderful books that explore happiness. A few that we recommend include:

- *After the Fall* by Dan Santat
- *What do you do with a Problem?* by Kobi Yamada
- *Going Places* by Paul and Peter H. Reynolds

Extend:

- Students are prompted to build architecture, but not using blocks. They will need to look around them for alternative building materials to meet their goal.
- Use this week's drawing challenge to discuss how everyone has different solutions to the same problem. Continue this awareness-building with other drawing prompts.
- Have students work in two groups to devise an obstacle course for the other team to complete.
- Untie the Human Knot. Students stand in a circle grabbing the left hand of a friend with their left hand, then the right hand of a different student with their right hand. The goal is to work as a group and listen to each other to get untangled.
- PBS for Kids Games with Emotions (for younger students), pbskids.org/games/feelings
- PBS Learning Media: wosu.pm/emotions and wosu.pm/feelings